

Tauranga Boys' College

Athlete Development Programme



New Zealand's' Most Successful AD Programme

Tauranga Boys College won 9 NZSS Titles in 2024 across a range of sports. It constantly competes in the top 4 of NZ schools. Why?.. because its Athlete development programme works alongside quality coaches and people to provide every opportunity for our athletes to succeed

Expert Coaching and Leadership

Led by Gareth Hyett (NZ Middle distance runner) we have a great team to provide the best possible outcomes for athletes who wish to reach their potential. Caleb Marriner (Head S and C coach, Olympic level 2016 Rio Olympics) alongside Jason Spice (All Black), Regan Cross (NZ U19 Cricket), Adam Garner (NZ Athletics) Hayden Reid (All Black Sevens), Darrell Boyd (NZ Beach Volleyball and Indoor Volleyball Coach) Dr Aaron Uthoff (Speed Specialist), Craig Newland (Foundation Physiotherapy services), Phoebe De Jong (Nutritionist NSNZ) and Aaron Walsh (World renowned Sports Psychologist) work across all our age groups

The Athlete Development Classroom Programme

We are really proud of our structures for athletes.

- Year 11- 3 classes- 80 students who we think will be in one of our top teams in the next 2 years
- Year 12 - 3 Classes 50 boys who will be in a first team
- Year 13- 1 class of ADR (1st XV Rugby players), 1 class of other athletes in our first teams
- All first team athletes also have 2 training windows a week to support their given sport such as Speed School, PLYO school and extra lifting sessions



A Typical Week in the classroom

- Two gym sessions in class time
- Specialist sessions during before, after school and lunch times
- 3 classroom sessions with Sport as the context for learning



Facilities

- Athlete Development Centre (completed 2026)
Purpose built Athlete Development Centre including (420 sqm), Recovery centre (Sauna/Ice baths), Physiotherapy rooms. Access to VALD testing equipment
- Two other weights and Cardio centres on site
- Multi purpose Training space (Cloud)
- Gymnasiums and Turf

